

## 12 Archetypes of the Powerful Woman

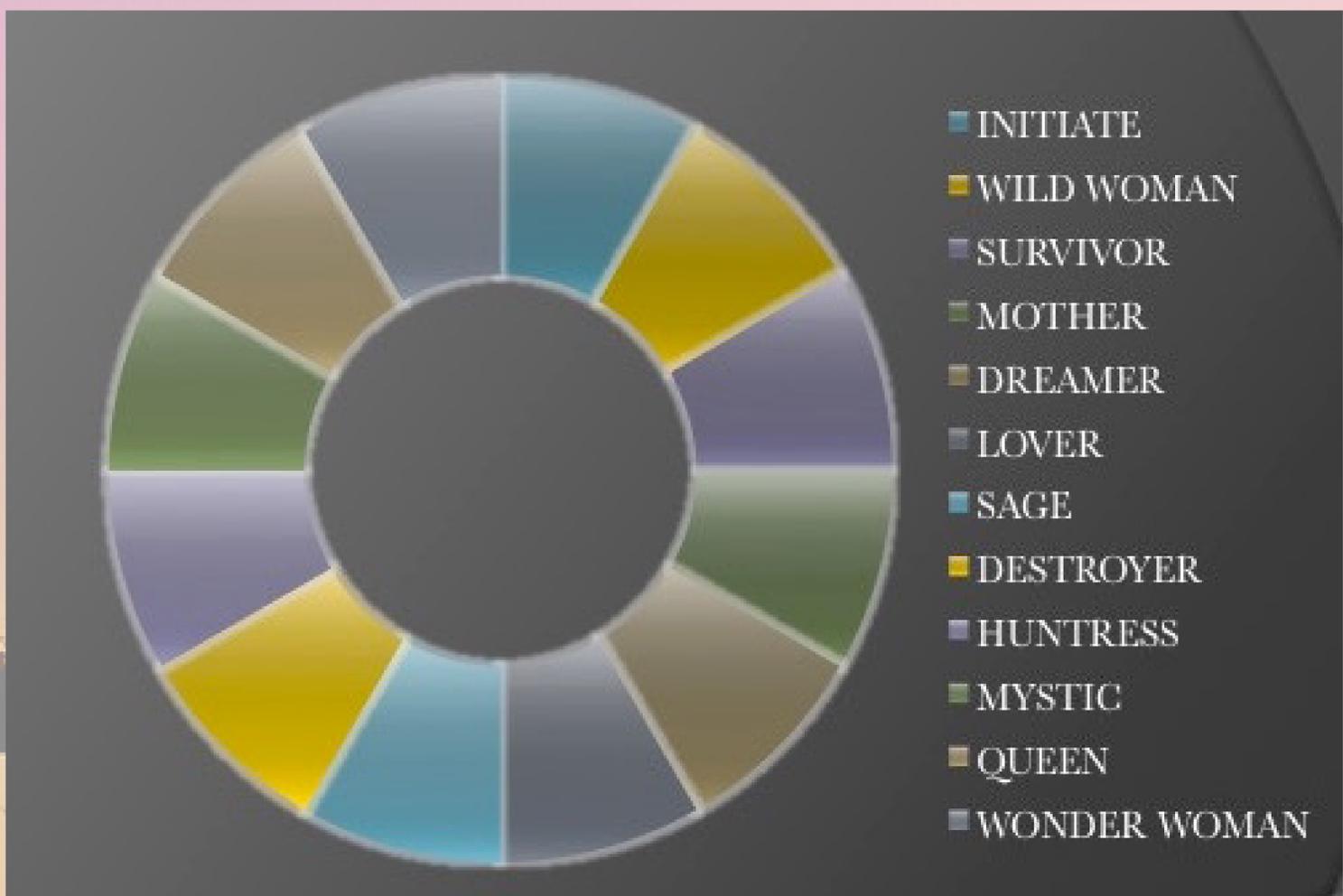
Archetypes, as universal symbolic patterns or ways of being found within the human spirit, have been part of human civilization since the beginning. Having initially found their way through spoken word and story telling, they later entered into our history as written stories and historical accounts of mythologies, beliefs and ways of being together. They are inherent to our very existence. And as such, the stories we see and read and tell are building the civilizations of tomorrow.

So which stories are we telling? The archetypes and myths found in our historical texts as well as the current literature and entertainment industry are focused primarily on masculine archetypes, giving rise to the imbalance of masculine/feminine energy as we experience it today. In order to restore balance and harmony with the Earth itself and all Her people, we must begin by restoring harmony within the self. That is, in reality the only first step available to us.

This leads us to the rise of the feminine within us all. It is time to allow this deep well-spring of emotions and wisdom and softness and compassion to rise up and spill over. Without it we are doomed as a civilization. And we begin by exploring the basic patterning of the human spirit from the feminine perspective. As much as doing and achieving and striving and goal-setting are vital to change, so too are quiet and introspection and reflection important. The ability to go within and source wisdom there is key in building the awareness needed to guide us forward.

Go within...Be still...Learn to tune into your soul's voice. These are qualities of the feminine and the qualities that are rising into our collective consciousness as NECESSARY for survival.

I've developed a 12-Archetype Wheel of the Powerful Woman, to guide us as a collective within the Woman Unveiled Mystery School. I will share with you some of the inspirations found within this wheel.



#### The Initiate...

This is about the willingness to know nothing as you begin. Begin empty. Let go of all you thought you knew and start fresh each and every day. Only in this way can true wisdom come through. It won't be clouded by ego and judgment and stories from your past. The initiate invites you into the space of nothingness, where all of life's potential awaits you. Let each new dawn be a fresh new start.

#### The Wild Woman...

This is the feminine aspect of the human experience that is deeply connected to the wild and natural world. This part in you feels the howl of the coyote as it screams from your lungs. It knows how deeply connected you are to the seasons and the moon and the sun and all of creation everywhere. It feels the depth of pain as the natural world is destroyed and animals become extinct. The screech of the hawk awakens in the wild heart and knowing that is wise and that soars up above, ever willing to offer its wisdom to you. You are a part of the wild. Never forget this.

#### The Survivor...

She remembers. Her story is etched in her very bones, the lines on her face, the grey in her hair, the scars on her body. Each memory, each experience is part of her story. The survivor in you takes the etchings of the pain from the past and carves a new and empowering story from each wrinkle and scar. She rises up out of the ashes and is reborn **BY HER OWN VOLITION**. No one else needs to tell her who she is. She knows. And she tells she story bravely to prove it.

#### The Mother...

This archetypal force of nature lives in you, whether or not you've birthed a baby into this world. This is your capacity to love and nurture tirelessly. The mother teaches you to put your own oxygen mask on **FIRST** before assisting another. She reminds you to tend to your own garden, weed what no longer serves you, give yourself compassion for all you've said and done, and love yourself first and foremost. Then the love you've nurtured will spill over onto those you give yourself willingly to. From this place of abundance, love is endless.

These teachings are help closely within the mysteries of the Woman Unveiled Mystery School. I've revealed some of them here. Enter into the mystery to discover and uncover the rest....

May the power and love of the feminine awaken in us all...

## *Exploration of these archetypes*

### The Initiate...

To embody this archetype begin each new day by leaving the previous day to rest. Allow yourself to rest fully, knowing you are safe in the dreamtime, and awaken with a new resolve to greet this day as if you were a newborn.

What wonder can you greet this day with?

What new aspect of this day can you explore in a different way?

What part of your yesterday can you leave behind?

Do a small ritual for yourself to leave a past hurt or unresolved issue behind.

### The Wild Woman...

As a part of the wild and natural world, close your eyes and allow an animal from the wild to come visit you. Which animal first came to mind?

What do you know about this animal? Take some time today to explore and learn something new about this animal. How does this new wisdom inform your current life situation? What does this animal want you to know about yourself today?

Find a way to give thanks to this animal and welcome its wisdom into your world.

### The Survivor...

Write the story of your life with you as the Hero/Heroine. What are the morals of the story? What does the Hero/Heroine learn about themselves?

If your greatest pain were in fact your life's medicine, the teachings that you are to bring forward in your own life, what is the medicine?

How would you weave this into your story?

### The Mother...

In what ways have you failed to be compassionate towards yourself over the years?

What have you not forgiven yourself for?

Write a letter of forgiveness to yourself for all you've done. Find that place within yourself that knows and believes that you did the best you could at any given time with the resources you had available to you.

You are an amazingly capable and strong human. Source your strength from within and explore the many wonders of what it means to be You.

Much love, Nathalie